

Beginning Prayers for Self-Deliverance

Chosen Explosion Ministries

Warning: If you have been involved in Satanism, have been ritually abused, have been deeply involved in the occult or have been through much trauma you should not do deliverance on yourself but should have an experienced deliverance minister assist you with deliverance ministry.

If you begin this process and feel that you are losing control or are not able to pray these prayers stop and get assistance from an experienced deliverance minister. Most people should be able to cast their own demons out without any problems if they follow this prayer guideline.

You should never under any circumstance try self-deliverance or any deliverance if you are not a born-again believer in Jesus Christ. We cast demons out through His authority. You also should understand your authority through Christ and understand His great love and power. There is much teaching on this subject on our website and youtube channel. We highly recommend you listen to these teaching before you do self-deliverance.

Your body is your “house”. If you are a believer in Jesus, through the blood (power) and name (authority) of Jesus you can cast demons out of your “house”.

Inner Healing and Discipleship is an important part of freedom so please do not neglect seeking both. You can learn more from our video series, *Spiritual Warfare: Freedom from Demonic Influence*.

These or similar prayers should be prayed with sincerity before you begin casting demons out.

Forgiveness of our sins:

Father, I ask you to forgive me for any and all unconfessed sins that I have committed. Lord, I want nothing to stand between us. Please forgive me for all rebellion, self-will, stubbornness and disobedience. I confess this sin as idolatry and ask for forgiveness. I now ask that all alters or high places of rebellion and self-will within me be torn-down. By an act of my will I dethrone self and any other person or thing that has taken your place upon the throne of my heart. Jesus I willing ask you to come and take your rightful place in the center of my life and to truly be the Lord of my life. I release to you all guilt and shame. I declare I am a new creation in you. I ask you Lord Jesus to help me from this day forward to hear and obey your every command in total surrender because I love and trust you.

Forgiveness of others sins against us:

Make a list of people that you need to forgive. Ask the Holy Spirit to bring all to your mind that you have not forgiven. You may want to call each one by name and confess your forgiveness for them.

Father I confess that in the past I have held unforgiveness, sometimes bitterness in my heart against certain people who have hurt or disappointed me. I now recognize and confess unforgiveness as sin, for you have said in your word that if we confess our sin, you are faithful and just to forgive us our sins and to cleanse us of all unrighteousness.

I now forgive these people on my list who have hurt or disappointed me. If there be any others that I need to forgive, I forgive them too because I desire no unforgiveness in my heart. I release each one of them from any responsibility of restitution. You are the restorer of my soul. I look to you for complete restoration. I ask that you remove any root of unforgiveness and bitterness by the power of the blood of Jesus. I now freely release all these people to you and ask you to bless them. I also forgive myself for all my many faults and failures for you have freely forgiven me. I ask that the power of guilt and condemnation be broken off of me now in the name of Jesus.

General Curse Breaking Prayer: you can find more specific curse breaking prayers on our website on our resources for deliverance ministry page.

I declare that Jesus Christ has redeemed me from the curse of the law by becoming a curse for me. According to Galatians 3:13 cursed is everyone who is hung on a tree. Thank you Lord Jesus for taking every curse upon yourself so that I might be free from all the powers of the wicked one.

In the name of the Lord Jesus I appropriate your blood to every area of my life. I declare that by the death and resurrection of Jesus I am free from all curses that that have come upon my life as a result of the sins of my ancestors, I cleanse my bloodline with the blood of Jesus all the way back to Adam on both sides. I bind all demonic activity as a result of generational curses. I renounce Satan's hold on my life or my family's life and my generations to come as a result of all sinful practices of my ancestors in Jesus name. I draw the line in the sand and I declare as for me and my house we will serve the lord. Lord I invite your activity in my life.

I appropriate the blood of Jesus to any curses that came about as a result of my own sins, through words spoken over me or my blood line, through words that I have spoken, through evil acts committed against me that have wounded me, through associations and agreements with others who are opposed to you Lord, through agreement with Satan and his demons, through the black arts or any occult activity or from curses that have come in any other way. I apply the blood of Jesus now and declare that every satanic agenda against me be broken, cut and torn down now in the name of Jesus. I declare the judgment of God against all such demonic activity in Jesus name. I declare freedom, healing and restoration from all such activity in the mighty name of Jesus my Savior. Thank you Lord!

Renouncing Satan's Hold

I renounce Satan's hold on my life in every way. I renounce all his evil ways, I renounce all lies, all associations with him. I despise his evil ways and I want nothing to do with the kingdom of darkness at all forever. I purposefully and willfully reject anything opposed to my God and I align myself with my Lord and Savior Jesus Christ. I loose your hand in my life Jesus. Have your way, Lord.

I break all holds of the devil on my mind, my thinking and my decision making. Lord give me your wisdom and guide my every footstep. I declare that I have a sound whole mind and I am one with Jesus. I break all holds of the enemy on my finances. Lord I thank you that you supply all my needs according to your riches in glory by Christ Jesus and that I have more than enough to help those that do not have enough and to advance your kingdom in the earth. I break all holds of the devil off my body. I declare that I am healed by the stripes that Jesus bore. I declare complete restoration from all sickness and all disease. I break the devils hold off my marriage and all of my relationships. I declare the perfect will of God in all of my relationships. Let each one be filled with righteousness and love in the name of Jesus.

Breaking of unholy soul ties -- It might be helpful to make a list of people or societies that you have had negative relationships with and break the ties one at a time.

Lord I break all unholy soul ties in my life from relationships that brought harm to my life or the lives of others. I now break all vows and oaths spoken in these unholy relationships. I ask that all sins that I committed in these relationship be forgiven. I ask Lord that these cords be broken and healing come to all parties involved. I ask that all that I wrongfully took in these relationships be sent back to the one I took from. I ask that all that was wrongfully taken from me come back to me. I ask that wholeness and healing, complete restoration of body, soul and spirit come to me and all parties involved. Thank you Lord for freedom, healing and restoration. You are so good and kind.

Breaking of soul tie with an addiction: For example alcohol, drugs, cigarettes, pornography

Father in the name of Jesus I confess _____ as a sin that I have formed an addiction or soul tie with. I ask for and receive your forgiveness for all sins associated with this sin. I want your perfect will in my life. I know that your will is freedom. Thank you Jesus. I take the sword of the Spirit and I cut the unholy soul tie of _____ from me now in the name of Jesus. I declare that _____ no longer has any hold on my life. Lord cleanse my mind, my heart, and my desires. I cast down all unholy desires in the name of Jesus and I declare freedom. I now bind and stake down all demons of _____ until your moment of expulsion comes. You will not dictate my life any longer. I put a wall of God's glory between me and these tormenting spirits. Thank you Lord.

Submission to God

Jesus, I am yours and you are mine. I completely surrender my life to you. It is my desire to take up my cross and follow you. I need your help Lord. I know you are with me and you will help me to live a life that brings both honor and glory to your name. I invite the activity of the Holy Spirit in my life. Holy Spirit fill me to overflow. Baptize me completely in your love. Fill me full of your wonderful gifts. Teach me your ways. I willingly and freely reject all evil and I willingly and freely choose you Lord Jesus now and forever. Search me Lord, if there be any evil way in me please take it out. If I lack any good thing from you Lord, please put it in. Let my life be a testimony of your love and power. Let your kingdom come, let your will be done in my life. Thank you Jesus! Amen!

Beginning Deliverance prayer:

Lord I put myself into your hands. I declare that I am seated in the heavenly places in Christ Jesus, far above all principalities and powers.

Thank you Holy Spirit for coming to assist me in this deliverance process. I ask you for wisdom, knowledge, understanding and discernment. I thank you for your deliverance and healing anointing. It will be the anointing that breaks every yoke and bondage of the evil one. I confess to you Lord that I can do nothing without you. Thank you Father that you have given me power over the enemy and that nothing shall in any way harm me according to Luke 10:19

Father, I forbid any interference with this work of the Holy Spirit. I come against any communication lines according to Ephesians 6:12 between the powers, world rules, principalities, spiritual hosts and demonic hosts in the air, earth, heavenlies, and under the earth. I close off all entrances and exits, in the name of Jesus. I cut off all communication with Satan himself and close the doors in the name of Jesus. I forbid any spirit from the outside to enter into my home for whatever reason and I forbid any evil spirit to be sent to any other place or person as a result of what happens during this deliverance.

I now forbid any reinforcement of power from the side of Satan in the name of Jesus, I ask for confusion into the enemy's camp. I ask you to set up your warring angels in this room and arrest any unholy spirits and remove them to become the footstool of Jesus. I forbid any violence, manifestations and tormenting in Jesus name. I forbid any manipulation with my mind or my ability to think or reason. Lord I give you full control of my cognitive abilities.

I isolate the powers one from another in Jesus name. I cleanse the four elements: water, air, fire and earth with the blood of Jesus. I ask you Lord, to cover all mirrors with the blood of Jesus and seal off the gateways in Jesus name. I come against any spells, rituals, incantations, hexes, sacrifices, and curses or alters raised up against me and any other person on this property. Thank you that you blow out all candles which may have been lit in rituals against me in the name of Jesus. Thank you that all curses are reversed into blessing in Jesus name.

Father I ask that you seal off this property and this room with the blood of Jesus and that you hide me in the spirit and declare this room as Holy ground. Lord I ask you to send your ministering angels to come and minister to me in Jesus name according to Hebrews 1:14. I fully surrender to you Holy Spirit of God because we know that it is not by might nor by power, but by your Spirit says the Lord, according to Zech. 4:6.

We ask you Father to cover my loved ones with the blood of Jesus and I place all circumstances under your control and protection, including my family, health, marriage, callings, ministry, relationships and finances. I now bind Satan's kingdom here on earth just as it is bound in heaven.

Thank you for your word Father in revelation 12:11 that says that we have overcome the enemy by the blood of the lamb and the word of our testimony. Father I thank you that you have given me the angels of God to assist us in this deliverance from evil spirits and from sickness and diseases.

I thank you that demons are driven out by the finger of God and it is evidence that your Kingdom is near and operating in our life.

Right now, in the name of Jesus, I take authority from the third Heaven where I am seated in Christ Jesus high above all principalities and powers. With and in the authority of Jesus Christ, I bind the strong man in accordance to Matthew 12:29, I stake you down and render you helpless in Jesus name. I come against all demonic spirits in the sound of my voice. You will obey my commands. The judgment of God is against you. You have no rights to harass or torment me any longer. You are intruders, invaders and trespassers and now you are evicted by the power of the Holy Spirit and in the name of our Lord Jesus. The blood of Jesus is against you!

I command that when your name or family name is called, you will come out and leave me never to return in Jesus name. You will go straight to the pit!

Refer to your "Hit List" and begin to command them to come out and to go to the pit (or wherever the Lord tells you to send them) in the name of Jesus. Do it with boldness and faith in the name of Jesus and in His great power and love for you. Let the Holy Spirit be your guide. Work your way through your list, being open to anything He shows you.

Throughout your deliverance continue to invite the Holy Spirit to fill you with His presence, His love, joy and peace. You may ask angels to assist you during the session. You may call down the fire of God upon them to torture them if they are being stubborn.