

# Pre-Deliverance and Inner Healing Questionnaire

## Chosen Explosion Ministries

Name:

Date:

All questions are asked to assist either in deliverance ministry or inner healing ministry. Not to judge you. All answers are kept confidential. These questions are very personal. Share as much or as little as you are comfortable with but the more open you are, the easier and the more effective ministry will be.

1. Have you accepted Jesus Christ as your Lord and Savior?
2. How would you describe your relationship with the Lord? Circle the one that applies: Intimate Close Strained Distant Fearful
3. Do you feel that you have given every area of your life to the Lordship of Jesus? If not, what are you holding back?
4. Is there anything at all right now that you feel you need forgiveness for? If so, please explain.
5. Is there anything that you know God wants you to stop doing, so you stop but then you repeatedly fall into that sin again? If so, what?
6. Is there any **burden** that God wants you to completely release to Him but you are struggling to do so? If yes, what?
7. Was your relationship with your parents okay growing up? If not, briefly tell why it was not?
8. How about your relationship with your siblings?
9. Do you have any relationship issues that have neither been resolved with the person nor has been given to the Lord in a way that you have peace about it. If the answer is yes, please briefly explain.
10. Have you been abused; physically, emotionally, or sexually? If so briefly explain.
11. Have you made any blood oaths even in childhood?
12. Have you had to endure bullying or people abusing you with horrible words? If so explain briefly.

13. Have you had instances of shock or trauma in your life? If so briefly explain.
14. Have you had an abortion? If so have you received forgiveness? If so do you feel you still deal with trauma from it?
15. Are you adopted? Do you have any issues surrounding this that you feel is hindering you in any way? If so explain briefly.
16. Have you been involved in any occult things; witchcraft, fortune telling, séances, spell casting, etc...
17. Do you currently watch horror movies, play violent or demonic video games or listen to music that glorifies sin? Please explain.
18. Has there ever been a time when you were deeply involved in the things in 17?
19. Have you ever been involved in any cult things; false religion or idol worship? If so what?
20. Have you ever been involved in any secret societies like Freemasonry, Satanism, Skulls and Bones etc...? If so what?
21. Have you been involved in yoga or transcendental meditation? If Yes, explain.
22. Have you ever been addicted to or deeply involved with alcohol, drugs or pornography?
23. Are you currently addicted to alcohol, drugs or pornography or anything else? If so what?
24. Have you ever had homosexual encounters willingly or forced?
25. Have you ever had any other sexually perverse encounters willingly or forced?
26. Have you ever been attacked by demons in a sexual way in the night?
27. Do you have gender confusion issues?
28. Do you have anger issues?
29. Do you have issues with self pity?
30. Do you feel guilty or condemned?
31. Do you have to resist being prideful?

32. Are you excessively moody?
33. Do you have intense feelings of rejection?
34. Do you have fear issues?
35. Do you have problems with anxiety?
36. Do you struggle with depression?
37. Is there anything from your past that makes you sad to the point of tears when you talk or think about them?
38. Do you have self hatred issues?
39. Do you have compulsive disorders?
40. Have you ever been diagnosed with Associative Disorder (Multiply Personality disorder)?
41. Have you ever been diagnosed with any other mental illnesses?
42. Do you often have nightmares? Do they have a particular theme? If so what?
43. Do you have problems with confusion?
44. Do you have large periods of time from your life that you cannot remember?
45. Do you have smaller periods of time on a daily bases that you cannot remember?
46. Do people accuse you of lying or doing things that you cannot remember doing?
47. Is your mind tormented with certain thoughts or voices? If so what thoughts?
48. Are you tormented by demonic presences in your home?
49. Do you have any physical infirmities that you are dealing with?
50. Do you have regular pain in your body?
51. Do you now or have you even struggled with suicidal thoughts?
52. Do you have any other signs or symptoms that you believe may be demonically driven that you have not listed in this questionnaire already?

53. Is there anything not mentioned here that you feel the deliverance minister should know?

If you are using this questionnaire to help you prepare your hit list for self-deliverance, consider your answer to the questions above and what bondages they may reveal that you have in your life and what demonic forces may be behind these bondages. Also look for areas where you might need God's healing touch physically or emotionally.

**In preparing your hit list also use:**

Appendix D Problems or Bondages that may result from demonic activity

Appendix G Common Demon Groupings

No one should do self-deliverance if:

1. You have not made Jesus Christ your Lord through faith in Him. Only by the blood of Jesus and by His name (authority) do we have power over demons. If you have not been born again do so first.
2. You are not committed to living a life pleasing to God with His help. Willful, habitual sin open the doors to demons and the word teaches that if we allow them to come back in they will bring more with them and we will be in worse condition than before. This doesn't mean we have to be perfect. None of us are. But it does mean we should live our life without willful, habitual sin. We should strive to live sin free. God will take care of the rest.
3. If you know that you have **many** demons you should seek help for deliverance ministry. Have they manifested in you to your knowledge? Have you been satanically ritually abused? Have you been involved in the occult? Do you have Associative Disorder or other forms of mental illness like schizophrenia? If so, Jesus loves you and will set you free but you should seek the help of an experienced deliverance minister.
4. If when you begin the process of self-deliverance you feel that you are losing control, call on the name of Jesus. If you still feel that you are unable to stay in control of your mental faculties stop and seek help to continue the process. If you have many demons due to deep sin and trauma, they may be able to give you confusion, sleepiness or even put you into a comatose state in order to stop or delay the process. If you feel any of this happening, stop. You will need assistance to continue.

Most people can do self-deliverance safely and effectively if they do it in faith of the blood of the Lord Jesus and if they ask and trust God for assistance. Jesus loves deliverance ministry. Demons are driven out by the finger of God. Remember the Holy Spirit is in you and with you and you can call upon God's angels for assistance at any time. Never fear Satan or demons if you are a born again believer in Jesus. We have power and authority over all the works of darkness and how much more to exercise them from our own body!