

Spiritual Warfare: Freedom from Demonic Influence

Teaching Notes: Part 6 Submit to God, Resist the Enemy

Chosen Explosion Ministries
Evelyn Brooks

I. Introduction: Spiritual Warfare : Submit to God and Resist the Devil

Spiritual Warfare consists of submitting ourselves to God and resisting the enemy.

Jas 4:7 MKJV Therefore submit yourselves to God. Resist the devil, and he will flee from you.

II. Submit to God: Put on His Armor:

Eph 6:10-18 MKJV Finally, my brothers, be strong in the Lord and in the power of His might. (11) Put on the whole armor of God so that you may be able to stand against the wiles of the devil. (12) For we do not wrestle against flesh and blood, but against principalities, against powers, against the world's rulers, of the darkness of this age, against spiritual wickedness in high places. (13) Therefore take to yourselves the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand. (14) Therefore stand, having your loins girded about with truth, and having on the breastplate of righteousness (15) and your feet shod with the preparation of the gospel of peace. (16) Above all, take the shield of faith, with which you shall be able to quench all the fiery darts of the wicked. (17) And take the helmet of salvation, and the sword of the Spirit, which is the Word of God, (18) praying always with all prayer and supplication in the Spirit, and watching to this very thing with all perseverance and supplication for all saints.

1. **Helmet of salvation:** Know your standing in Christ. Putting your faith in the salvation that Jesus has provided.

Save: Greek word Sozo 4982 in Strong's concordance: means to save, heal, deliver, protect, preserve, do well, make whole.

2. **Belt of Truth:** God's word is truth. Read it, meditate on it. Let it settle down deeply into your heart. Stand on it.

Recognize the enemy's lies. A lie is a stronghold. It give the devil a strong hold on you. Truth breaks the chains off of us.

Joh 8:32 MKJV And you shall know the truth, and the truth shall make you free.

3. Breastplate of righteousness: Living a righteous life in right standing with God. Forgiven. Giving ourselves to purity, holiness. Be both hearers and doers of the word of God.

4. Shoes of Peace: Walking in God's love and peace.

Jas 3:16 MKJV For where envying and strife are, there is confusion and every foul deed.

Rom 12:17-19 MKJV Repay no one evil for evil. Provide things honest in the sight of all men. (18) If it is possible, as far as is in you, being in peace with all men. (19) not avenging yourselves, beloved, but giving place to wrath; for it is written, "Vengeance is Mine, I will repay, says the Lord."

5. Shield of Faith: faith in God and in His word, not in yourself or even your measure of faith but simply looking at God bigness and faithfulness. Simple trust. Count our blessings! Have a thankful positive attitude.

Jas 1:6-7 MKJV But let him ask in faith, doubting nothing. For he who doubts is like a wave of the sea, driven by the wind and tossed. (7) For do not let that man think that he shall receive anything from the Lord;

6. Sword of the Spirit: Word of God coming out of your mouth like a double edged sword.

Isa 55:10-11 MKJV For as the rain comes down, and the snow from the heavens, and does not return there, but waters the earth, and makes it bring out and bud, and give seed to the sower and bread to the eater; (11) so shall My Word be, which goes out of My mouth; it shall not return to Me void, but it shall accomplish what I please, and it shall certainly do what I sent it to do.

7. Pray all kinds of prayers: Asking, commanding, declaring, loosing, binding, blessing. Develop an intimate fellowship and relationship with God. Let God lead you in everything. Sit in God's council. Pray for yourself!

8. Watch: Be astute. Pay attention to the realm of the spirit and the natural. Don't just let the demonic realm do what it wants to do.

1Pe 5:8 CEV Be on your guard and stay awake. Your enemy, the devil, is like a roaring lion, sneaking around to find someone to attack.

9. Having done all to stand, stand! Don't give up and don't give in. Keep standing!

III. Resist the Devil – Spiritual Warfare

1. Recognize His Lies: This is easy when you know truth
2. Resist His lies – when the lies come, choose to believe the truth. Tell Him to shut His mouth. Tell yourself the truth. Encourage yourself in the Lord. Reject negativity. Pray for yourself. Ask God to help you resist His lies.
3. Don't Sin! If you do that put chains on you.
4. If you do sin, repent quickly and don't anymore.
5. Be careful what comes out our mouths! Blessings not curses. Speak Truth rather than Satan's lies about you and your life and others. Agreement is powerful. Don't come into agreement with His lies. It is a door opener!

Mat 18:18-19 CEV I promise you that God in heaven will allow whatever you allow on earth, but he will not allow anything you don't allow. (19) I promise that when any two of you on earth agree about something you are praying for, my Father in heaven will do it for you. (spiritual principle)

6. Develop Spiritual Muscles: Discipleship, Spiritual Growth. Learn all you can about God, His kingdom, who you are as a child of God and who your enemy is.
7. Be careful who you spend your time with. Spend as little time as possible with people that Satan is able to use against you.
8. Think on things that are good. Do not dwell on the negative.

Php 4:8 MKJV

(8) Finally, my brothers, whatever things are true, whatever things are honest, whatever things are right, whatever things are pure, whatever things are lovely, whatever things are of good report; if there is any virtue and if there is any praise, think on these things.

9. Resist pain and other symptoms in your body. Resist thought of disease. Command demons of infirmity to go and then commanding the sickness to go. Command all pain to go. Don't put up with anything that is not from God. Ask for God's healing power and thanking Him for it. When the enemy speaks thoughts of disease into your mind, tell him the truth instead: "I am healed by the stripes that Jesus bore on His back, now you go!" Even if the doctor tells you that you have this or that. Don't just accept it, do warfare against it.

Mar 11:22-24 MKJV And answering Jesus said to them, Have faith of God. (23) For truly I say to you that whoever shall say to this mountain, Be moved and be cast into the sea, and shall not doubt in his heart, but

shall believe that what he said shall occur, he shall have whatever he said. (24) Therefore I say to you, All things, whatever you ask, praying, believe that you shall receive them, and it will be to you.

10. Inner Healing – Healing of emotional wounds caused by hurt. Rejection, abuse, hurtful words, Violence, neglect these causes Webs of negative emotions like hatred, bitterness, unforgiveness, anger, jealousy, lust, fear – this attracts demons, gives them rights to us and also give them ways to easily manipulate and use us.

11. Deliverance – Casting out demons.

12. Breaking curses and releasing blessings. With your words and the authority that Jesus has given to you. This is binding and loosing.

Mat 16:18-19 MKJV And I also say to you that you are Peter, and on this rock I will build My church, and the gates of hell shall not prevail against it. (19) And I will give the keys of the kingdom of Heaven to you. And whatever you may bind on earth shall occur, having been bound in Heaven, and whatever you may loose on earth shall occur, having been loosed in Heaven.

We will talk more about breaking curses and releasing blessings in teachings on both inner healing and deliverance but for now I want to talk about breaking curses off of objects and blessing our homes.

People can on purpose put curses on items, which is assigning demons to objects. When the object goes into someone's home the demon goes in with it. The purpose of this is to give that demon authority to act in that person's life. It is a way of tricking their ways in. There can also be curses or demons that have authority to act in a home against the people dwelling there. This occurs through occult activity and things like acts of violent death that occurred in a home.

Sample Breaking curses from objects and blessing home:

Home Blessing Sample

Written by Evelyn Brooks

Father,

We come to you now in the name of your son, Jesus. We submit ourselves into your hands and we want your perfect will performed in our lives and our home. We ask that you forgive us of all transgressions committed against you. We confess to you that we want no fellowship with darkness. We ask that you purge every defilement that has occurred on this property with the blood of Jesus.

We invite you to come now Holy Spirit and fill our home with your presence. We take authority over the darkness in this home. We command all evil spirits to go now in Jesus name. Come Holy Spirit sanctify our home. Sweep our home clean from all witchcraft activity and all demonic spirits that entered as a result of things that happened here in the past.

We declare this home to be the property and the dwelling place of God's Holy Spirit. Father we dedicate this property to you and ask that your Holy Spirit flow through here to cleanse and bless it. Lord we ask that every curse be broken now in Jesus name. We bless each wall, every piece of wood, all building materials now in Jesus name. We bless each object in this home by the blood of Jesus. By faith in the name of Jesus, we break off all curses on any and all objects in this home. We command all evil spirits associated with these curses to go to the pit now and never return. In Jesus name, we bless each room with love, joy, peace, righteousness, safety, rest, wellness and your glorious presence. We ask that your warrior angels guard over this property and protect it from every form of evil that tries to come upon it.

We surrender and submit ourselves and our property to you Lord. Come now Lord and fill our home. We welcome you. Thank you Lord!!

You may take some oil as a symbol of the Holy Spirit. Go from room to room, anointing the doorpost and whatever in the room you may feel lead to anoint commanding any evil presences to leave and asking God to bless your home with His love and presence. You can even walk your property line praying over the property if you feel you should. Ask God to show you anything that you need to know. Ask for wisdom and discernment and pray accordingly.

Breaking a Curse off of an Object Sample

I break the curse that has been placed upon this _____ in the name of Jesus. I release all demons from your assignment concerning this object and I command you go to the pit, never to return. I cleanse and bless this object with the blood of Jesus for my use. Thank you Lord for freedom, authority and for all spiritual and natural blessings! In the name of Jesus I pray. Amen