

Spiritual Warfare: Freedom from Demonic Influence

Part 9: Inner Healing Part One

Chosen Explosion Ministries
Evelyn Brooks

I. Introduction:

- Whenever something traumatic happens in our lives that hurt us deeply it creates a wound in our soul unless we go to the Lord quickly for healing.
- We all have wounds within our soul (our mind and emotions). Bad things happen to everyone at one time or another.
- Time alone does not heal soul wounds. Time does press them down and scab them over to make us think they are healed but really unless we allow God to heal these wounds they will continue to hold pain and negative emotions like “infection” causing us underlying issues in our lives that we don’t even understand
- Inner healing is the process of going to god to being healed from soul wounds.
- It is an important part of spiritual warfare and is vital in helping us get free and stay free from demonic influence and control.
- The purpose of me teaching on inner healing is to help you understand how emotional wounds **affect us** and how **we can purposefully go to God to have these wounds healed.**
- I also want you to see how inner healing will go a long way in shutting down demonic activity in your life.

II. Traumatic events that cause soul wounds

1. Physical abuse
2. Emotional abuse
3. Sexual abuse
4. Abandonment
5. Broken Relationships
6. Rejection
7. Sudden or violent death of a loved one
8. Seeing acts of violence
9. Life threatening events like car wrecks, natural disasters, fires, robbery or war

III. Soul wounds cause negative emotions and strong-holds like:

1. Anger

2. Fear
3. Hatred
4. Unforgiveness and bitterness
5. Sadness
6. Feelings of being unloved or unliked
7. Guilt
8. Shame
9. Worthlessness
10. Hopelessness
11. Confusion
12. Self-hatred
13. Anxiety

IV. The effects of soul wounds and negative emotions:

1. They are like baggage that we drag around through life.
2. Any little thing can trigger the pain and the negative emotions from these wounds.
3. Soul wounds attack our identity, who we are as a person.
4. Soul wounds twist and distorts our image of ourselves.
5. They affect how we see others and even how we view God.
6. They affect how happy we are.
7. They affect our ability to function properly in life.
8. They affect how we treat people.
9. Soul wounds affect our decision making.
10. They affect our relationships with others.
11. They weaken us and can be a door opener to the demonic.
12. Fragmenting of the soul can occur when the trauma is bad enough or if it continues over time. This fragmenting creates another identity or multiple identities or personalities within the person to carry these traumatic memories and to help them escape the pain and trauma. This is a coping mechanism that gives the victim a place to escape to during the trauma. It also helps keep the victim from having a nervous breakdown. This is called dissociative disorder or multiple personality disorder. The person with this disorder will have periods of time missing in which they cannot remember. They may not remember their trauma at all. That is because the alternate personality is in control of the victims mind at that time.

A fragmented person can be made whole by God's power and love. It is a process of deliverance, inner healing and spiritual growth.

Some evil people understand the damaging effects of trauma and purposefully uses this as a method of weakling and fragmenting a person so they can be easily controlled and used for their evil

purposes. Satanic Ritual Abuse is common and so are other forms of mind control.

V. **Examples of traumatic events and the demonic doors the open:**

Rape: All kinds of sexual demons like lust, homosexuality, adultery, fornication, incest, harlotry, rape, exposure, frigidity, pedophilia; plus many other spirits like fear, anger, rejection, unworthy, shame, guilt, retaliation, bitterness and many others.

A child is sexually abused: sexual confusion, homosexuality, pedophilia, shame, guilt, fears, self-hatred, eating disorders, fear of becoming a pedophile, rejection, unworthy, depression, anger, violence.

Physical Abuse: fear, anger, depression, rejection, unloved, helplessness, hopelessness, self-hatred, unworthy of love, worthlessness, anxiety, suicide, dread, apprehension, despair, nightmares, guilt

Suicide of a loved one: Sorrow, grief, suicide, hatred, guilt, anger, rejection, unforgiveness, bitterness, unloved, unwanted, abandonment

VI. **Rejection**

- Everyone is rejected. It is a fact of life.
- The worst form of rejection comes from parents when a child grows up feeling unloved, not valued, not approved or affirmed by a parent and especially in cases of abuse.
- Deepest rejection wounds comes from those we love and trust and we believe they would never hurt us like parents, spouses, our children, spiritual leaders, friends, or siblings.
- Rejection trauma open the door up to many demonic bondages like grief, fear, fear of man, fear of rejection, fear of ridicule, loneliness, isolation, rejection of self, rejection of others, feeling of being unloved and unliked, intimidation, not good enough, not worthy of love, condemnation, guilt, shame and all kinds of low self-esteem issues. It causes all kinds of problems in future relationships.
- Because of the fear of rejection we are afraid to have relationships.
- We throw walls up to protect ourselves from more rejection and woundedness, even family members or even those sent by God to help us. This leads to isolation and loneliness.

- Unless it is dealt with we will live in a perpetual state of woundedness.
- We can be healed from the devastating effect of rejection and even become immune to rejection.

VII. Breaking the hold of rejection:

1. Allow your identity to be formed in Christ alone. You are who God says you are regardless of what anyone else says or thinks. Let go of others opinions and even your own opinions of who you are unless it lines up with Gods opinion.
2. Forgive others quickly when they reject you.
3. Release their words or actions to God quickly
4. Know truth concerning God's character and how He sees you. Dealing with religious strongholds is vital to this process, as religion paints God as distant, cold, and impersonal, unforgiving, uncaring. You must know you are loved and accepted by God.

VIII. Things that hinder inner healing:

1. Not trusting God
2. Not Knowing God's love for you
3. Not knowing and trusting in God's goodness
4. Not seeing yourself as God sees you
5. Not being able to forgive yourself
6. Not loving yourself
7. Not being willing to forgive others with no strings attached

IX. Profile of a good earthly daddy

1. Loves his children. Always put their needs before his own.
2. Delights in his children. He loves to spend time with them. He enjoys their company
3. Protector
4. Provider
5. Delights in teaching, counseling, instructing, guiding
6. Disciplines out of love and with love
7. Patient
8. Kind
9. Trustworthy
10. He wants the very best for his kids
11. He knows how to give good gift and he delights in it.

X. How does a good daddy see his child?

1. Beautiful
2. Special
3. Worthy
4. Loved, cherished
5. Capable
6. Gifted, talented
7. Purpose and value
8. His own creation
9. His own special treasure
10. A gift from God
11. Unique
12. See's your best side
13. See's your potential

- God is the best dad in the whole world ever!! Better than any earthly dad. He is perfect. He is for you! Not against you! He has your back! He will never leave you, never forsake you. You can always count on Him!

In the next video I am going to continue talking about inner healing. I want to teach how to go to god for inner healing so we do an exercise in inner healing together.